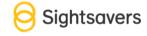




# World Mental Health Day 2023 Films Accompanying Text











We've developed a number of films and documentaries as part of the programme. Some of our grantees have also developed their own films. These all address stigma and discrimination in different ways.

Links to our films and other materials can be downloaded here: https://www.ghanasomubi.com/wmhd-2022

You can also explore our YouTube Channel https://www.youtube.com/channel/UCqfX3XKnAb1GoD\_c6BlwDWA

The films all have subtitles

Below are some example messages which could be used to highlight the films for social media

Our programme and partners have developed a range of films about Mental Health. Explore our YouTube

channel https://www.youtube.com/channel/UCqfX3XKnAb1GoD\_c6BlwDWA#WorldMentalHealthDay#PrioritiseMentalHealth

This documentary delves into the experiences of four Ghanaian women with disabilities, and mental health

conditions https://www.youtube.com/watch?v=grL\_IBJu2No #WorldMentalHealthD ay #PrioritiseMentalHealth

Samata's husband left her due to Mental Health stigma

https://www.youtube.com/watch?v=O7cf1sQlQf0 She's been supported
by @cpri\_ghana to raise awareness of stigma #WorldMentalHealthDay

#PrioritiseMentalHealth

Vera has been fighting stigma, and supported by @cpri\_ghana to tell her story https://www.youtube.com/watch?v=pSUebyqBf3s #WorldMentalHealthDay #PrioritiseMentalHealth

This documentary delves into the accessibility status of built environments in Ghana and the impact it

has https://www.youtube.com/watch?v=6Nx8weNDtCc #WorldMentalHealthDay #PrioritiseMentalHealth @gfdghana

# Want to tag other organisations for World Mental Health Day? Try some of these:

### Our programme

@GhanaSomubi Ghana Somubi Dwumadie

### **Our current grantees**

@HFFG\_Ghana Hope for Future Generations

@Original\_gnad Ghana National Association of the Deaf

@SongtabaNGO SONGTABA

@ThePsykForum The PsyK Forum

@VoiceGhana Voice Ghana

### Our funder

@Ukinghana UKAid through Foreign, Commonwealth and Development

Office, UK (FCDO)

# Some of our consortium partners

@Optionsinhealth

@BasicNeedsGh

@Sightsavers

@KingsCollegeLon

## Some key stakeholders and partners

@CHRAJGHANA Common on Human Rights and Administrative Justice (CHRAJ)

@gfdghana Ghana Federation of Disability Organisations

@GhanaPresidency The Presidency (Jubilee House)

@mehsog Mental Health Society of Ghana

@MindFreedomGh Mind Freedom Ghana

@mha\_ghana Mental Health Authority

@MoGCSP Ghana Ministry of Gender Children and Social Protection

@mohgovgh Ministry of Health

@SDGsPresidency SDG office at the Presidency

@WHOghana World Health Organization, Ghana